



COVID-19 STAY AT HOME ART SUPPLIES GUIDE

Can't get to the shop for art supplies?
There are so many ways you can create your
very own supplies from simple house hold
ingredients! Let's get making!

CONTENTS

PAINT

PUFFY PAINT

INK

AIR DRY CLAY

PLASTER FOR MOLDS

GLITTER

GESSO

ALTERNATIVES TO PAPER

PAINT



YOU WILL NEED

2 parts Cornstarch
(corn flour)

3 parts White Vinegar
Food Coloring

INSTRUCTIONS:

Mix the cornstarch and vinegar together in a shallow bowl or tupperware container.

Add food coloring to make the hue you desire.

Notes & Tips:

Cornstarch naturally wants to separate from any liquid so you will have to keep swishing the paint around while using it to keep it properly mixed, otherwise you'll end up with watery parts and flaky parts to your artwork.

Expect some of the cornstarch to flake off when the paint is fully dry.

Don't add too much cornstarch! Don't worry if you do, though, just add more liquid and you'll get back to the consistency you want.

While the mixed paint can be kept indefinitely in airtight containers, it is best used soon after mixing. Once the vinegar and cornstarch have separated for some time you'll have to really mix it up again to prevent lumpiness in the paint.

PUFFY PAINT



YOU WILL NEED

1 cup of flour
3 teaspoons of baking soda
1 teaspoon of salt
about 1-1/4 cup of water
food coloring

INSTRUCTIONS:

Start by mixing the flour, baking soda, and salt together. Then gradually add in the water. Pour enough water in until it starts to look like pancake batter.

Make sure its super smooth with NO lumps. Lumps will make it difficult for the mixture to come out of your plastic bag tip. Divide up if you want different colours then mix in your colours.

Pour the puffy paint into plastic squeeze bottles or you could also put them into a plastic bag and cut off one tip to squeeze the paint out. Let dry for 24 hours.

INK



YOU WILL NEED

COLOURED INGREDIENTS

Pantry Spices
Vegetable leaves
(red cabbage works so well!)
Flowers
Berries
Coffee
Tea
Beetroot

KEY INGREDIENTS

Water
Salt (1 dash per cup)
White vinegar (1 tsp per cup)

INSTRUCTIONS:

In a pot add the coloured ingredient you'd like to make. Add one cup of water, salt and white vinegar.

Heat, keeping just below boiling. Cook for at least an hour or until water takes on a deep, rich color. Use a strip of paper to test your color.



AIR DRY CLAY



YOU WILL NEED

2 cups baking soda

1 cup corn starch (corn flour)

1 1/2 cups cold water

INSTRUCTIONS:

Combine 2 cups of baking soda, 1 cup of cornstarch and 1 1/2 cups of cold water in a pan. Stir the ingredients until you have a smooth consistency.

Place the pan over your stove on medium heat. Stir the mixture until it boils.

Continue stirring to remove any lumps. Set a pan cover slightly askew and cook the mixture until it has the consistency of mashed potatoes. Keep a close watch on the pan and stir every few minutes to avoid burning.

Pour the mixture into a large bowl. Saturate a kitchen towel in cold water and wring out so it is damp rather than dripping. Place the towel over the mixture and allow it to cool. Use as you would regular air dry clay and allow to air dry until hard.

PLASTER FOR MOLDS



YOU WILL NEED

Newspaper
Measuring cups
2 cups white glue
1 cup warm water
Cold water
Large bowl
Wooden spoon or spatula
Mold
3 cups flour
2 cups warm water
Whisk

INSTRUCTIONS:

Spread newspaper on a table to protect the surface.

Prepare materials. Measure 3 cups flour and 2 cups warm water.

Add flour to large mixing bowl and whisk. This will fluff the flour and make it airy.

Pour white glue into large mixing bowl. Add a few drops of cold water. Beat with wooden spoon or spatula until thin and smooth. Add warm water, and mix until smooth. Mixture should have a soupy consistency.

As soon as plaster is at correct consistency, pour into mold.

TIPS!

Pour plaster into molds immediately or it will thicken and harden, and you will have to make it again.

Throw out unused plaster. Once it starts to dry, it cannot be made liquid again.

GLITTER



YOU WILL NEED

Epsom salt (or regular salt)

Liquid Food colouring

Zip Lock Bags

INSTRUCTIONS:

Add some salt to a zip lock bag.

Add a few drops of your chosen colour food colouring and squish it all around until all the crystals are covered in colour.

Spread out on a tray and bake at 170 degrees for about 10 minutes.

Or let it dry at room temperature for 24 hours.



GESSO



YOU WILL NEED

1/4 cup talcum powder

1 tablespoon white glue

1 tablespoon white paint

water

INSTRUCTIONS:

Mix all ingredients together and add water to reach desired consistency.

Use a wide brush and evenly coat your desired surface. Allow to dry.

TIPS!

Gesso is great for coating unusual surfaces before you paint them.

Eg. Cardboard, wood etc.



ALTERNATIVES TO PAPER



YOU WILL NEED

- Paper towel
- Serviettes
- Toilet paper
- Glad wrap
- Newspaper
- Leaves
- Foil
- Fabric scraps

INSTRUCTIONS:

If you want to start with a flat, even surface, cover your surface with white paint or gesso and let dry before adding media.

If you don't mind the rough texture of your chosen surface, use your media directly onto the surface.

